



# Black Beans & Rice

## Ingredients:

- 1 (28 oz) can black beans, drained and rinsed
- 1 pouch of instant rice
- 3/4 cup salsa (optional, for added flavor)
- Tortillas (optional)

## Directions:

1. Microwave rice pouch per directions. Pour bag into bowl and fluff with fork
2. Heat beans through. Over stovetop or in microwave.
3. If desired, add salsa to the beans and mix until well combined, heating for an additional 2-3 minutes.
4. Serve the cooked rice topped with the seasoned black beans. Optionally, warm tortillas can be served on the side.

